

Who am

I ?



Who am I

does not give answers.

It raises open questions.



Are there any typical boys and girls? And are there “real” books for boys and books for girls? Does every girl like pink and princesses? And does every boy love dragons and knights? What does it mean to be a boy or a girl? What does it mean if you feels none of both. Or just both?

DISCOVER HOW THIS LITTLE BOOK CAN BE YOUR GUIDE...

This booklet helps you to discover how reading affects you while you are growing and while you are discovering what the world (yourself included) is all about. This booklet thinks that books can trigger your thoughts. That Mathilda shows you how to go your own way when your parents act difficult. And that Pippi Langkous encourages stubborn people. *(Read Mathilda – Roald Dahl and Pippi Langkous – Astrid Lindgren).*

This booklet is about Hermione Granger and all the other heroes who fight for – among other things- the rights of a house-elf. It supports the House-elf Foundation for Civic Integration & Tolerance, even when there are few members. And it is even more supportive when they cut the Foundation out of the movie. And if the actress who plays Hermione Granger, says loud and clear, that women’s business is men’s business too. *(Read Harry Potter and the half blood prince – J.K. Rowling)*

This booklet is a great mirror palace full of characters because it’s all about looking around you, seeing yourself, observate the others, recognize something (or not). This booklet is about everyone because it’s about yourself. Who are you? Curious, a little bit afraid, happy? Are you a fighter? A winner? Can you be yourself? Or not?

THIS BOOKLET IS ABOUT YOU.

WHO YOU ARE OR WHO YOU COULD BE.

Welcome in my booklet!

My real name:

My online avatar/nickname

My fingerprint

My authograph

I promise that I'll draw, write, stick and colour outside the lines in this booklet. I'll take it everywhere and I'll do the tasks whenever it suits me.



- QUOTE This is who I am. I think it's only hard if you're trying to be something you're not. Being who you are is really easy. Miley Cyrus

1. ABOUT M/F/X- ANIMALS.

For each animal, indicate which is male or female as shown in the example:

<i>chicken</i>	<i>M</i>	<i>rooster</i>	<i>F</i>	<i>hen</i>
ant		worker		drone
bear		sow		boar
cat		queen		tom
coyote		dog		bitch
donkey		jack		jenny
elephant		cow		bull
horse		mare		stallion
seahorse		seastallion		seamare
whale		cow		bull

2. BOOKCOVER

It is important that a book has a nice cover.

For this reason:

Create a nice cover related to:

"I'm a little different every day."

3. WORDSEARCH

A word-searcher is a puzzle in which words are sought in a block of letters. These words may be placed from left to right or from right to left, either horizontally, vertically or diagonally. After deleting all words, a number of letters remain.

These are a sentence:

S	H	O	M	O	P	O	L	Y
L	E	S	B	I	A	N	H	N
R	E	X	R	E	D	N	E	G
I	Y	Y	U	W	O	M	A	N
G	O	R	E	A	D	I	N	G
B	O	O	K	S	L	Y	O	U
L	A	U	X	E	S	I	B	A
R	E	A	C	C	E	P	T	O
K	F	L	E	S	R	U	O	Y

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4. MAKE A RAP

Create your own RAP!!

Choose your favourite book.

What is it about?

Summarise the story in four sentences.

Make sure these sentences rhyme.

Make a RAP!

(Watch Salah's film from NoMoBS showing how to make a rap yourself.

- A gender-equal society would be one where the word 'gender' does not exist: where everyone can be themselves. Gloria Steinem

5. TOTALLY DIFFERENT...

Suppose you are of another sex...

What changes are there in your life?

I am a girl

I am a boy

I am X

- What would your favourite book be?
- What would your favourite film be?
- What music do you prefer to listen to?
- What would your favourite colour be?
- What would your greatest talent be?
- What would be your best character trait?
- What profession would you like to practise?
- What would you dream of?



6. HEY! IT'S OK!

Sentences on boys and girls are given below.

Decide whether you think it's ok or not.

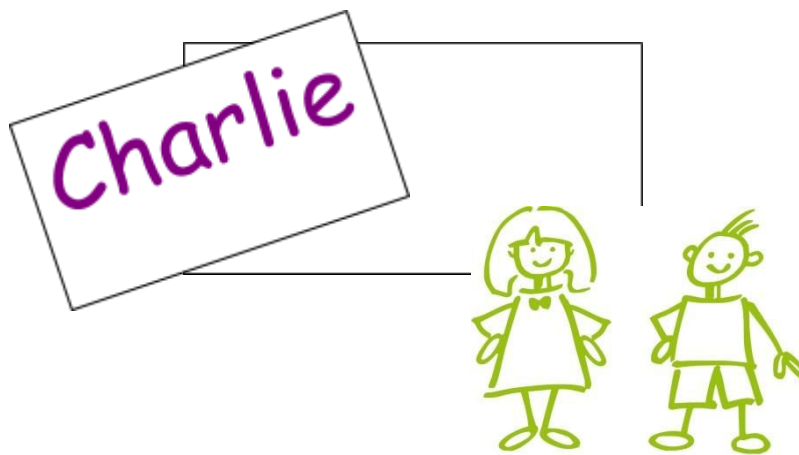
	OK	NOT OK
Nail polish is only for girls		
Boys are enterprising		
Pirates are only men		
Horse riding is for girls		
Only men are doctors		
Boys think less deeply about things than girls do		
Only women stay at home for the children		
Ballet is only for girls		
Girls are caring		

QUOTE: Gender is between your ears and not between your legs. Chaz Bono

7. UNIVERSAL NAMES

Many names are used for both boys and girls.

How many names can you come up with?



QUOTE: Gender equality is not only an issue for women and girls. Justin Trudeau

8. READING LIST SUGGESTIONS

TRANSGENDER AND GENDER NON-CONFORMING NOVELS FOR YOUNG ADULT READERS.

GRACEFULLY GRAYSON Amy Polonski (2014) 11+

Grayson's becoming more and more aware of a nagging feeling that she should be living as a girl, despite being male-assigned, and on a daring whim decides to audition for the part of Persephone in the school play. She has a supportive teacher and a new friend, but also has to contend with school bullies and disapproving adults.

PARROTFISH Ellen Wittlinger (2013) 12+

Angela Katz-McNair never felt quite right as a girl. So she cuts her hair short, purchases some men's clothes and chooses a new name: Grady. While coming out as transgender feels right to Grady, he isn't prepared for the reactions of his friends and family. Fortunately he finds some kindred spirits (one of whom teaches him there's a precedent for transgenderism in the natural world).

FREAKBOY Kriztin Elisabeth Clark (2013) 12+

Brendan Chase is a star wrestler, a video game aficionado and a loving boyfriend to his seemingly perfect match, Vanessa. But on the inside, Brendan struggles to understand why his body feels so wrong — why he sometimes fantasizes having long hair, soft skin and gentle curves. The novel folds 3 narratives with 3 different perspectives presented in 3 different fonts into one cohesive story written in verse.

EVERYDAY David Levithan (2013) 12+

A love story written by the author of *Nick & Nora's Infinite Playlist* about A, a teen who wakes up every morning in a different body, living a different life.

HAPPY FAMILIES Tanita S. Davies (2013) 12+

The life of teen twins is turned upside down when their father starts living as a female.

BEYOND MAGENTA TRANSGENDER SPEAKS OUT Susan Kuklin (2015) 13+

Having met and interviewed six transgender or gender-neutral young adults, Kuklin presents them here before, during and after their personal acknowledgment of gender preference via portraits, family photographs and candid images.

I AM J Cris Beam (2015) 14+

Sick of hiding the body that's betraying him under baggy clothes, J runs away, begins attending a school for gay and transgender teens and ultimately decides to take testosterone, all while navigating family, friendships and young love.

ALMOST PERFECT Brian Katcher (2010) 14+

Boy kisses girl, girl admits she was born a boy, boy dumps girl, boy grows to accept girl for who she truly is.

ALEX AS WELL Alyssa Brugman (2016) 15+

An intersex kid forges a path between two genders to find their true self.

BEING EMILY Rachel Gold (2012) YA

When Christopher tries to be Emily, her parents don't understand, her therapist insists Christopher is normal and Emily is sick and her girlfriend lectures her about how God doesn't make that kind of mistake. But there's still hope!

THESE BOOKS CAN HELP YOU ON YOUR WAY...

RETHINKING NORMAL - A MEMOIR IN TRANSITION Katie Rain Hill (2015) 13+

19-year-old Katie Rain Hill shares her personal journey of undergoing gender reassignment. The book now includes a reading group guide.

THE GENDER QUEST WORKBOOK Multiple authors (2015)

A comprehensive workbook that incorporates skills, exercises and activities from evidence-based therapies — such as cognitive behavioral therapy (CBT) — to help transgender and gender nonconforming (TGNC) teens explore and navigate their gender identity and expression at home, in school and with peers.

This guide is based on:

www.iedereenleest.be

www.huffingtonpost.com

